

Guardians, teachers, and service providers of children and adults who have autism:

AARC invites you to attend *Autism Insights*: **FREE** presentations by renowned author and educator, Brenda Smith Myles

All events are **FREE** to attend

All events can be attended in-person or online
Learn more at www.AlaskaARC.org

ANCHORAGE	FAIRBANKS	UTQIAGVIK	KODIAK	PALMER
<p><i>Building Critical Mass</i></p> <p>Learn easy-to-use strategies that can help individuals with ASD to live as independently as possible, making informed decisions about their wants and needs.</p>	<p><i>Evidence-Based Practices</i></p> <p>Learn about nationally identified interventions for children and youth who have autism, and how to apply them at home, at school, and in the community.</p>	<p><i>The Hidden Curriculum</i></p> <p>Learn practical tips for teaching "hidden" social rules (unspoken rules, slang, metaphors, body language, etc), and incorporating this knowledge into everyday life.</p>	<p><i>Self-Regulation, Meltdowns, & Sensory Issues</i></p> <p>Learn the cycle of meltdowns, interventions that can be used during the cycle, and ways to prevent its occurrence.</p>	<p><i>Graduation & Beyond</i></p> <p>Learn strategies for achieving independence, and how to avoid missteps and resolve ongoing challenges in the home, community, and workplace.</p>
Friday, Feb 15 1:00 - 4:00 PM	Saturday, Feb 16 1:00 - 4:00 PM	Monday, Feb 18 5:00 - 8:00 PM	Thursday, Feb 21 4:30 - 7:30 PM	Friday, Feb 22 5:00 - 8:00 PM

Alaska Autism Resource Center | www.alaskaarc.org | 907-334-1331 | aarc@sesa.org

